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## Result Details


















Question	Answers	Skips
<b>07</b> What do you like the BEST about the Feeling Good Podcasts?	<b>125</b> 81%	<b>29</b> 19%
 <p>217,051,624</p> <p>It is a way to listen to topics that are not in the books (like the description of the TEAM model) and to have clarifications and answers.</p>		<p><b>Today, 11:06AM</b></p>
 <p>217,048,766</p> <p>How applicable they are to practicing therapy! I like learning and practicing these practical skills.</p>		<p><b>Today, 10:17AM</b></p>
 <p>217,029,618</p> <p>The compassion and great effort in everything You do.</p>		<p><b>Today, 5:07AM</b></p>
 <p>217,027,475</p> <p>Your humility . To me - humility is the hardest and best.</p>		<p><b>Today, 4:19AM</b></p>
 <p>217,010,109</p> <p>I enjoy listening to the experts; I really enjoy the live therapy sessions as they give me ideas for how to work with my patients.</p>		<p><b>Yesterday, 10:24PM</b></p>
 <p>217,004,864</p> <p>Not much to be honest.</p>		<p><b>Yesterday, 8:16PM</b></p>
 <p>217,003,462</p> <p>very helpful, great topics, talented people, considerate and well organized. I would like to hear role play about health anxiety, hypochondriac, same theme comes up for me over and over - a bodily symptom and i jump to i will have cancer and die. this has been a repetitive theme for me for over 30 years. I have tried the downward arrow and I think maybe I have the SDB of "perfectionism" toward what good health is. Also if you would address night time panic attack. falling asleep and awoken quickly in the midst of a panic attack and i think i am dying.</p>		<p><b>Yesterday, 7:44PM</b></p>
 <p>216,999,275</p> <p>the teaching sessions.</p>		<p><b>Yesterday, 5:05PM</b></p>
 <p>216,997,138</p> <p>The role play, the interaction between David Burns and his co-host. I really liked Fabrice and his role as co-host. I like when David fields listener questions. I like when David gives examples of how he phrases things with clients.</p>		<p><b>Yesterday, 3:56PM</b></p>
 <p>216,997,099</p> <p>Learning about the tools and techniques and how to use them. By listening I am able to learn through repetition.</p>		<p><b>Yesterday, 3:57PM</b></p>
 <p>216,993,478</p> <p>Dr. David Burns - He usually has good tips and techniques that help me as a non-therapist. I first read Dr. Burns' book, Feeling Good, in the early 1980's; and, they helped me tremendously deal with my depression. I liked the tools in the book; and the tools now on the podcast!</p>		<p><b>Yesterday, 3:30PM</b></p>
 <p>216,992,333</p> <p>I like that they are short and sweet.</p>		<p><b>Yesterday, 3:04PM</b></p>
 <p>216,988,380</p> <p>Dr. Burns knowledge and skill is amazing.</p>		<p><b>Yesterday, 1:32PM</b></p>

 216,984,939	They are quality	Yesterday, 12:16PM
 216,984,452	Live Sessions Past Case Examples	Yesterday, 12:24PM
 216,983,682	The live sessions.	Yesterday, 12:11PM
 216,981,011	Educational and can be used in my clinical practice.	Yesterday, 11:41AM
 216,979,150	Your approach is very logical and genuine. I love the addition of Rhonda! She is always very clear and concise. Additionally she will bring a female perspective to topics covered.  I know on occasion you have been told to tone down your language but I love it when you sometimes "forget". It makes you seem more like a real person I don't think too many children are listening anyway.	Yesterday, 10:58AM
 216,977,636	awesome help, info free positive force in daily stressful lives around the world commercial free personally helped me understand myself and others in a way i wouldnt have done by myself	Yesterday, 10:45AM
 216,972,909	Learning more about proven TEAM techniques	Yesterday, 10:03AM
 216,967,156	You treat your listeners with empathy and respect. You're not trying to put them down or laugh at them for their problems.	Yesterday, 8:26AM
 216,957,397	I like how relatable the information is and how frequently you both out our new episodes.	Yesterday, 7:48AM
 216,957,151	The honesty and the humor. I've learned so much and more importantly I use what I learn.	Yesterday, 7:31AM
 216,956,641	The examples and practical information that can be applied	Yesterday, 7:35AM
 216,955,207	The wonderful sharing of knowledge	Monday, Apr 8th 5:35PM
 216,952,296	The varied topics David's teaching ("Now Rhonda will tell us about...") The humor is great The fact that David has helped thousands of people lead better lives without drugs and is adamant about it. He's not afraid to speak his mind and tell the truth. Big Pharm must cringe when they hear his name!	Yesterday, 6:02AM
 216,952,208	The varied topics David's teaching ("Now Rhonda will tell us about...") The humor is great The fact that David has helped thousands of people lead better lives without drugs and is adamant about it. He's not afraid to speak his mind and tell the truth. Big Pharm must cringe when they hear his name!	Yesterday, 6:02AM





	The varied topics David's teaching ("Now Rhonda will tell us about...") The humor is great	<b>Yesterday, 6:02AM</b>
216,952,207	The fact that David has helped thousands of people lead better lives without drugs and is adamant about it. He's not afraid to speak his mind and tell the truth. Big Pharm must cringe when they hear his name!	
	This service is available free. Dr. Burns you are amazing	<b>Yesterday, 4:47AM</b>
216,948,070		
	Every single podcasts is packed with helpful ideas and techniques. I especially love the live sessions, they made the theory and framework come alive. Keep up the great work!	<b>Yesterday, 2:02AM</b>
216,943,251		
	The general brilliance of the TEAM team.	<b>Yesterday, 2:07AM</b>
216,943,003		
	Source of ideas and tools to improve ones life	<b>Yesterday, 2:00AM</b>
216,942,714		
	Source of ideas and tools to improve ones life	<b>Yesterday, 2:00AM</b>
216,942,711		
	They last one hour.	<b>Yesterday, 12:34AM</b>
216,940,353		
	I like the frequency, the podcast itself, everything really :)	<b>Yesterday, 12:18AM</b>
216,940,107		
	Concrete examples of your methods--and I love your stories of patients you have helped.	<b>Yesterday, 12:16AM</b>
216,940,038		
	Everything is really cool, David your the best part of the podcast, love hearing your insights and I highly respect you	<b>Yesterday, 12:07AM</b>
216,939,693		
	Dr. Burns emphatetic demeanor, he makes the podcasts available for all free!	<b>Monday, Apr 8th 11:51PM</b>
216,939,548		
	Good content	<b>Monday, Apr 8th 11:42PM</b>
216,939,159		
	New ideas. David's enthusiasm. Also liked how Fabrice would challenge David at times.	<b>Monday, Apr 8th 11:28PM</b>
216,938,851		
	Handling theraoudic resistance. Five secrets. Live sessions.	<b>Monday, Apr 8th 11:10PM</b>
216,938,679		
	Love David's sense of humor, LOVE the live work, love the wisdom of TEAM. Love hearing Rhonda's fresh voice! I recommend the podcast regularly to patients, especially the series on approaches to anxiety and the live work. Such a wonderful resource.	<b>Monday, Apr 8th 10:42PM</b>
216,938,435		
	Paradoxical agenda setting examples.	<b>Monday, Apr 8th 11:06PM</b>
216,938,260		
	Learning insights	<b>Monday, Apr 8th 11:02PM</b>
216,938,092		

 216,938,075	Ideas that are useful for treating clients. Role playing	<b>Monday, Apr 8th</b> <b>10:58PM</b>
 216,937,115	The practical, straight forward approach of TEAM therapy.	<b>Monday, Apr 8th</b> <b>10:12PM</b>
 216,936,571	The examples & role playing & openness. A very positive attitude & realness & variety of topics.	<b>Monday, Apr 8th</b> <b>9:56PM</b>
 216,935,654	Everything has been helpful in discussing and demonstrating TEAM CBT. I am learning a great deal in helping clients and at personal level. Thank you so much for offering them, Dr David, Dr Fabrice, and Dr Rhonda!	<b>Monday, Apr 8th</b> <b>8:45PM</b>
 216,935,643	Role playing techniques, and Fabrice!	<b>Monday, Apr 8th</b> <b>9:18PM</b>
 216,935,402	they are a learning process even in the 'golden years', even tho it's difficult to find any gold. living alone and keeping positive. and Thank You.	<b>Monday, Apr 8th</b> <b>9:13PM</b>
 216,935,154	They are great, enjoying the ones I can catch.	<b>Monday, Apr 8th</b> <b>9:08PM</b>
 216,934,870	live sessions	<b>Monday, Apr 8th</b> <b>8:53PM</b>
 216,934,804	Dr. Burns deep knowledge of his craft	<b>Monday, Apr 8th</b> <b>9:00PM</b>
 216,934,024	Role playing.	<b>Monday, Apr 8th</b> <b>8:31PM</b>
 216,933,513	The Techniques: Role-Play Techniques The Paradoxical Double Standard Technique!, etc	<b>Monday, Apr 8th</b> <b>8:16PM</b>
 216,933,336	Having the model reviewed	<b>Monday, Apr 8th</b> <b>8:20PM</b>
 216,933,292	Everything really but the live sessions are my favorite.	<b>Monday, Apr 8th</b> <b>8:14PM</b>
 216,933,044	I love the clear, informational descriptions of CBT best practices. I also love the documents in the show notes.	<b>Monday, Apr 8th</b> <b>8:09PM</b>
 216,932,742	I love that you include show notes!	<b>Monday, Apr 8th</b> <b>8:00PM</b>
 216,932,674	Everything especially explanations of the techniques using real-life examples. I like the host/Dr. Burns interaction. Thank you so much.	<b>Monday, Apr 8th</b> <b>7:55PM</b>
 216,932,283	Live shows. Examples of how techniques work	<b>Monday, Apr 8th</b> <b>7:15PM</b>
 216,932,132	I love to hear you give examples of how you have coached clients out of their negative thinking habits and distortions	<b>Monday, Apr 8th</b> <b>7:44PM</b>

 216,932,066	The practical and clear information presented. The sense of humour and passion of you David and your podcast host Fabrice and now Rhonda.	<b>Monday, Apr 8th</b> 7:33PM
 216,931,516	The live therapy, especially with Marilyn	<b>Monday, Apr 8th</b> 7:32PM
 216,931,353	That I can assign them to my clients for homework	<b>Monday, Apr 8th</b> 7:29PM
 216,931,278	The CBT has helped me 'see the light' many times.	<b>Monday, Apr 8th</b> 7:15PM
 216,930,252	The live sessions and ask David sessions	<b>Monday, Apr 8th</b> 6:59PM
 216,930,128	Dr Burns stories. Life examples for putting CBT into practice. Love Dr Burns!	<b>Monday, Apr 8th</b> 6:42PM
 216,929,865	Your books are excellent but it's so much nicer to actually hear you explain and bring to life the topics you cover in the books.	<b>Monday, Apr 8th</b> 6:44PM
 216,929,841	I'm always learning new therapies and insights that are extremely helpful	<b>Monday, Apr 8th</b> 6:53PM
 216,929,570	Humility.....You really care... You are not stuck on your way, is the only way. You still see that their are other horizons to conquer and are desiring to get there "with" your many listeners.	<b>Monday, Apr 8th</b> 6:27PM
 216,929,484	Learning from you.	<b>Monday, Apr 8th</b> 6:45PM
 216,928,909	I like the titles, show notes and the ease of conversation between you and Fabrice (I haven't caught up to his departure yet, but he will be missed!). I think you two complement each other well.	<b>Monday, Apr 8th</b> 6:28PM
 216,928,106	Listening to how others have overcome their issues	<b>Monday, Apr 8th</b> 6:17PM
 216,928,063	Compassionate discussions. Ra	<b>Monday, Apr 8th</b> 6:15PM
 216,928,020	I like hearing David expand upon the ideas in his books. I also like hearing his opinion on other different types of therapy and their merits. Most of what I know about therapy is from reading and listening to David, and I'm always curious what he thinks about other schools of thought.  I also really have enjoyed the live therapy sessions.	<b>Monday, Apr 8th</b> 6:10PM
 216,927,784	Dr. Burns' empathy and humility despite being a giant in his field (imo)	<b>Monday, Apr 8th</b> 6:11PM
 216,927,342	I like it when Jill is on and Dr. May	<b>Monday, Apr 8th</b> 6:01PM
 216,927,315	You're so open about your own struggles Dr. Burns, it really gives me hope.	<b>Monday, Apr 8th</b> 6:00PM

 216,927,072	They have been my life line. Helped me help pts with some very difficult problems like persistent SI. Love the catalog of podcasts. So easy to pick out specific ones to recommend to pts.	<b>Monday, Apr 8th</b> <b>5:50PM</b>
 216,926,787	I like the back-and-forth dialogue, example scenarios and approaches to handling them, the practical advice, just about everything, not sure I can pick just one! :)	<b>Monday, Apr 8th</b> <b>5:42PM</b>
 216,926,670	Your explanations of how TEAM therapy works and how I can work with myself using your tools. I wish there were TEAM therapists in DFW - Texas.	<b>Monday, Apr 8th</b> <b>5:37PM</b>
 216,926,648	Information and training Live sessions	<b>Monday, Apr 8th</b> <b>5:42PM</b>
 216,926,492	Keep learning tons while having fun along the way	<b>Monday, Apr 8th</b> <b>5:41PM</b>
 216,926,008	Great source of information about TEAM CBT.	<b>Monday, Apr 8th</b> <b>5:31PM</b>
 216,925,955	I too like the idea of doing them in series as it helps with understanding the methods more clearly. I also like the broad range of topics you cover.	<b>Monday, Apr 8th</b> <b>5:27PM</b>
 216,925,704	The generosity and knowledge of Dr. Burns. Being invited into the intimacy of therapy sessions.	<b>Monday, Apr 8th</b> <b>5:30PM</b>
 216,925,685	That this information is made available to the general public and that differing points of view are presented.	<b>Monday, Apr 8th</b> <b>5:05PM</b>
 216,925,675	The roles that are done on air .to give listeners an idea how to handle a situation	<b>Monday, Apr 8th</b> <b>5:27PM</b>
 216,925,555	I have learned so much that I have incorporated into my life—I listen to them on my weekly runs or on my way home from work, and they immediately drop me into thinking about relationships. I appreciate the honesty and vulnerability you show on the podcast and the willingness to make "mistakes" publicly. I love the length. I love that you have made all the resources public and respect your desire to give back to the world in such a big way. I've also dreamed about incorporating some of the techniques with high school students (I teach as well as manage). I think the resources could be broken down into small pieces that could help high school students so much, with their depression/anxiety and their low low low interpersonal skills.	<b>Monday, Apr 8th</b> <b>5:20PM</b>
 216,925,535	How you self disclose.	<b>Monday, Apr 8th</b> <b>5:27PM</b>
 216,925,437	Live sessions, personal examples, the vulnerability of the speakers, the simple and specific topics. They are fantastic, and extremely relevant and helpful to my practice.	<b>Monday, Apr 8th</b> <b>5:18PM</b>
 216,925,124	The clarity of information	<b>Monday, Apr 8th</b> <b>5:19PM</b>
 216,924,890	honesty, informative	<b>Monday, Apr 8th</b> <b>5:07PM</b>
 216,924,877	Live therapy, going through the techniques, role modeling. LOVE this all, so helpful!	<b>Monday, Apr 8th</b> <b>5:11PM</b>
 216,924,844	Practical tips, lighthearted format	<b>Monday, Apr 8th</b> <b>5:14PM</b>

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 216,924,802	They are very applicable to my practice, and every single one I have watched has been practically helpful to me.	<b>Monday, Apr 8th</b> <b>5:13PM</b>
 216,924,569	It's free, and Dr. Burns is a great therapist! :-)	<b>Monday, Apr 8th</b> <b>4:55PM</b>
 216,924,553	Examples from therapy; Dr Burns' humility.	<b>Monday, Apr 8th</b> <b>5:04PM</b>
 216,924,462	I like it when the books and the podcast come together in therapy sessions and you're able to see the process work. I also enjoy the overall conversations about the techniques and how to apply them.	<b>Monday, Apr 8th</b> <b>4:50PM</b>

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