

Online and In-Person T.E.A.M. Therapy Training Groups

All participants must sign a consent form, attend consistently, do weekly homework, and use the Brief Mood Survey and Evaluation of Therapy Session with all patients. Participants must also purchase David's Psychotherapy eBook and *Therapist's Toolkit*. For order forms, visit www.feelinggood.com and choose the "Contact" tab.

In-Person Training Groups

City	Address	Days it Meets	Time of Day	Fee	Group Leaders	Contact Information
Baton Rouge, Louisiana	Coffee Call coffee shop 3132 College Drive Baton Rouge, LA	One Wednesday per month	6:00. to 7:30 AM	Free	Alvin F Smith, LCSW	(225) 572-1345 alvinfsmith@cox.net
Berkeley, CA	2920 Domingo Ave, Suite 204, Berkeley, CA 94705	Two monthly groups on Mondays	5:30 to 7:30 PM	Free	Phyllis Cedars, MD	(510) 466-5636 Group is full. Waitlist only.
Chicago, IL	1431 Opus Place Suite 110, Downers Grove	2 Saturdays/ month	10:30 to 12:30 PM	\$45.00 / session	Ron Ahlberg, LCSW	ron@ronahlberg.com 630-385-2646
Fremont, CA (Feeling Good Therapy and Training Center)	39210 State Street, Suite 200, Fremont, CA 94538	Weekly Wednesday September to June	1:00 to 2:30 PM	\$135 per month (\$128 / month with 9 month prepayment)	Karen Yeh, PsyD	Karen.yeh.psyd@gmail.com info@feelinggoodtherapy.com
		Weekly Tuesday TEAM Case Consultation Hour Year Round	1:00 to 2:00 PM (Can also join online)	\$60 per month	Katie Dashtban Psy.D Karen Yeh, PsyD	info@feelinggoodtherapy.com
		Weekly Tuesday September to June	10:00 to 11:30 AM	\$135 per month (\$128 / month with 9 month prepayment)	Katie Dashtban Psy.D	info@feelinggoodtherapy.com
Mountain View, CA (FGI: The Feeling Good Institute)	2660 Solace Place, Suite A, Mountain View, CA 94040	Weekly (Thursday)	9:00 to 10:45 AM	\$140 per month*	Angela Krumm, PhD and Ellen Sande, LPCC	Angela.krumm@gmail.com www.drangelakrumm.com
		Weekly (Tuesday)	5:00 to 6:55 PM	\$140 per month*	Ellen Sande, LPCC 408-510-8429	ellen.a.sande@gmail.com
New York City	Upper East Side	Monday	12:00 to 1:40 PM	Fee: \$100 - \$150 / month	Taylor Chesney, PsyD	doctortaylorchesney@gmail.com
New York City	Financial District, NY City	Monthly (Fridays)	9:30 to 11 AM	Free	Lynne Spevak, LCSW	lynnspevack@aol.com 718-377-3400
Oakland, CA	3945 Huntington Street Oakland, CA	Wednesday	5:30 to 7:30 PM	Free	Marilyn Coffy, PhD	macoffy@aol.com
Portland, Ore	5720 SW 52nd Avenue, Portland, OR 97221	Every other Tuesday	6:30 to 8:30 PM	Free	Annie Hanaway, ND	annie@inspiringchangestherapy.com (503) 236- 7578
Sacramento, CA	Rotating locations, inquire	2nd and 4th Thursdays of the	6:30 to 8:30 PM	Donation based	James Meyer, LCSW	lionsheart.jm@gmail.com 916.494.9218

* Discounts are offered for 3 or 6 month commitment. Students free. Groups supervised by a Level 4 or 5 TEAM Trainer count toward TEAM Therapist Certification. For more information, visit www.feelinggoodinstitute.com.

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San Francisco, CA	Contact Paula Zimmerman	Weekly (Tuesday)	10:00 to noon	Free	Paula Zimmerman, LMFT	pzimmerman.mft@gmail.com
Santa Cruz, CA	555 Soquel Ave Suite 265 Santa Cruz, CA	Weekly Friday September to June	12:30 to 2:00 PM	\$135 per month (\$128 / month with 9 month prepayment)	Katie Dashtban, PsyD	info@feelinggoodtherapy.com
Stanford, CA	Behavioral Sciences Building 401 Quarry Road Room 2213	Weekly (Tuesday) Beginner's group	5:00 to 7:30 PM	Free	TBA	Sharon Pereira, MFT sharonmfc@gmail.com
	Behavioral Sciences Building 401 Quarry Road Room 2209	Weekly (Tuesday) Advanced group	5:00 to 7:30 PM	Free	David Burns, MD Helen Yeni-Komshian, MD Jill Levitt, PhD	Sharon Pereira, MFT sharonmfc@gmail.com
	Behavioral Sciences Building 401 Quarry Road Room 1211	Weekly (Thursdays)	6:30 to 8:30 PM	Free	Matt May, MD	matthew.may.md@gmail.com www.matthewmaymd.com 650 - 566 - 1212

T.E.A.M. Therapy Online / Video (Webinar) Training Group. All are Pacific (West Cost) Time.
All online groups are small (maximum 15 participants, but typically fewer than 10) to provide maximum feedback.

Day it Meets	Frequency	Time of Day	Fee	Leader	Contact Information
Monday	Weekly	11:00 to 12:45 PM	\$235 month	Jill Levitt, PhD	jilllevitt@yahoo.com (Can sign up at www.feelinggoodinstitute.com)
Monday	Weekly	7:00 to 8:45 AM	\$235 month	Taylor Chesney, PsyD	doctortaylorchesney@gmail.com (Can sign up at www.feelinggoodinstitute.com)
1st & 3 rd Monday of every month	Bimonthly	5:00 to 6:30 PM	\$115 per month	Daniel Mintie, LCSW	dmintie@gmail.com www.danielmintie.com 505.792.4519
Wednesday	Weekly	9:00 to 10:45 AM	\$235 month	Jill Levitt, PhD	jilllevitt@yahoo.com (Can sign up at www.feelinggoodinstitute.com)
Wednesday (September to June)	Weekly	9:00 to 10:30 AM	\$210 per month (\$179 / month with 9 month prepayment)	Katie Dashtban, PsyD	info@feelinggoodtherapy.com
Wednesday (Hebrew speaking group)	Biweekly	9:45 to 11:30 AM	\$295 for 6 meetings	Maor Katz MD	maorkatz@gmail.com (Can sign up at www.feelinggoodinstitute.com)
Thursday	Weekly	2:00 to 3:45 PM	\$235 per month	Leigh Harrington, MD	dr.leighharrington@gmail.com (Can sign up at www.feelinggoodinstitute.com)
Thursday (For T.E.A.M. certified Level 3 and 4 therapists)	Weekly	4:00 to 5:30 PM	\$220 - \$240 per month	Matt May, MD	matthew.may.md@gmail.com matthewmaymd.com 650 - 566 - 1212 (Can sign up at www.feelinggoodinstitute.com)