Yes! I want Dr. Burns' Psychotherapy eBook!—*Tools, Not Schools, of Therapy*

What is the eBook? The psychotherapy is a fun, interactive psychotherapy training manual. It describes Dr. Burns' new TEAM Therapy in a clear, step-by-step manner with written and role-playing exercises designed for individuals or classes so you can master the techniques. The exercises are mandatory to learning. Reading alone will not be effective.

It is approximately 1200 pages (double-spaced), but don't panic! You can read and work with it in sections, including:

- **T = Testing**: How to take a world-class clinical history accurately and quickly assess treatment progress as well as the quality of the therapeutic alliance at the start and end of *every* therapy session.
- **E = Empathy:** How to empathize with the most challenging patients, including those who are hostile, critical, oppositional, overwhelmed, passive, argumentative, or flirtatious using the Five Secrets of Effective Communication.
- **A = (Paradoxical) Agenda Setting:** How to melt away therapeutic resistance and make patients accountable, using paradoxical agenda setting techniques. These are incredibly powerful and advanced psychotherapy techniques.
- **M = Methods:** How to use 50 innovative and highly effective psychotherapy techniques, such as the Externalization of Voices and Acceptance Paradox, and how to select the most effective techniques for each patient / problem.
- **And much more.**

The cost $139, there's a $40 workshop discount if you order within 10 days. It comes as a PDF with a code so you can open it. Purchase entitles you to read it and print any sections of interest, but does not include distribution rights. The information, tools, and scales in it cannot be reproduced without my express written permission.

Item	Cost	# ordered	Total
Tools, Not Schools, of Therapy	$139		
California tax: Please add California sales tax if your purchase is in the state of California. 9% of total ➔			$8.91
Total ➔			

Your name & degree:	**Phone:**	
Street:	**Suite:**	
City:	**State:**	**Zip:**
Email address:	**Confirm email address:**	

Include a money order (Canada) or check (US) and send to David Burns, MD, PO Box 2044, Los Altos, CA 94023.

You ***MUST INCLUDE*** your email address. Make sure it is written clearly!