

**Order Form: EASY Diagnostic System for DSM-5\***  
**Rapid, Accurate Screening for More Than 60 Disorders**

**EASY Instructions**

- For Therapists
- For Patients

**Axis I Disorders**

**Basic Information**

- Demographics
- Reasons for seeking treatment

**Motivation Assessment**

- Disability / Legal Problems
- Willingness to Change

**Relationship Survey**

- Relational Disorders
- Relationship Satisfaction Scale
- Anger Toward Self
- Anger Toward Others
- Violence Assessment

**Mood Disorders**

- Feelings of Depression *Right Now*
- Dysthymic Disorder
- Major Depressive Disorder
- Suicidal Urges
- Previous Major Depressive Episodes
- Somatic Symptoms
- Bipolar I
  1. Current
  2. Past
- Bipolar II
  1. Current
  2. Past
- Cyclothymic Disorder

**Anxiety Disorders**

- Anxious Feelings
- Somatic Symptoms of Anxiety
- GAD
- Panic Disorder
- Agoraphobia
- Simple Phobia
  1. Social Phobia
  2. Shyness
  3. Shy Bladder Syndrome
  4. Test Anxiety
  5. Public Speaking Anxiety
  6. Performance Anxiety
- OCD
  1. Types of Obsessions
  2. Types of Compulsions
  3. Time Spent
  4. Distress

**Stress Disorders**

- History of Traumatic Events
- Adjustment Disorder
- PTSD
  1. Exposure to Horrific Event
  2. Persistent Memories of the Event
  3. Loss of Interest in Life

Acute Stress Disorder

**Somatic Disorders**

- Body Dysmorphic Disorder
- Hypochondriasis
- Pain Disorder

**Habits and Addictions**

- Compulsive Gambling
- Alcohol and Drug Screening
- Cravings and Urges to Use
- Current and Past use of Alcohol
- Alcohol Abuse
- Alcohol Dependence
- Current and Past use of Drugs
- Psychoactive Substance Abuse
- Psychoactive Substance Dependence

**Eating Disorders**

- Binge Eating Disorder
  1. Overeating Screening
  2. Urges to Binge
  3. Loss of Control
  4. Emotional Consequences
  5. Frequency of Binging / Overeating
- Bulimia
  1. Bulimia Screening
  2. Purging Assessment
  3. Restricting Assessment
  4. Use of Diet Pills / Stimulants
  5. Frequency of Purging / Restricting
- Anorexia
  1. Anorexia Screening
  2. Fears of Gaining Weight
  3. Messages from Others

**Other Disorders**

- Dissociative Disorders
- Schizophrenia

**Personality Disorders**

**Cluster A—Odd**

- Paranoid Personality Disorder (PD)
- Schizoid PD
- Schizotypal PD

**Cluster B—Dramatic**

- Antisocial PD
- Borderline PD
- Histrionic PD
- Narcissistic PD

**Cluster C--Fearful**

- Avoidant PD
- Dependent PD
- Obsessive-Compulsive PD

**Additional Assessments**

- Feelings about the Survey
- Openness and Honesty

**Diagnostic Summary Sheet**

**The EASY Diagnostic Guidebook  
For Axis I and Axis II Disorders**

- Quick Overview
- Useful Tables and Charts
- DSM-IV Diagnostic Criteria
- Interviewing Tips
- Scale Reliability Table
- Suicide Assessment Interview

**And More**

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Fees and ordering information on reverse. Use in conjunction with other sources of information, including your knowledge of the patient. Currently available as an internet attachment which can be easily downloaded and saved to your hard drive for easy review, printing, and photocopying. Includes norms and extensive electronic cross-linking for easy movement among the screening tests, diagnostic summary sheet, and *Diagnostic Guidebook*.

\* Currently available via email attachment only

**Yes! I want the *EASY Diagnostic System!***

**Note:** I have revised the EASY for DSM-5 and am seeking permission from the APA to use it. I hope to have permission by early-February. Hold orders until then. Thanks. DB

Item	Cost	# Ordered	Total
<b>1. EASY Diagnostic System.</b> Includes lifetime licensure for one therapist. Licensure permits you to photocopy and use the EASY diagnostic system with your patients without having to pay ongoing royalty fees. A license cannot be sold or transferred. Electronic, internet, publication or other distribution rights not included.	\$149		
<b>2. Licenses for additional therapists.</b> Additional individuals may be licensed for \$75 per person, <b>assuming you are all practicing at the same location.</b> Multiply the number of therapists in your practice / facility / institution times \$75. Does not include <i>Therapist's Toolkit</i> .	\$75		

<b>Your name &amp; degree:</b>	<b>Phone:</b>	
<b>Street:</b>	<b>Suite:</b>	
<b>City:</b>	<b>State:</b>	<b>Zip:</b>
<b>Email address</b>		

If you are ordering multiple licenses, include the name, address & phone # of every therapist who will be licensed to use the *EASY*.

Send your order with a check to David Burns, M.D., PO Box 2044, Los Altos, CA 94023. **Canadians please send money order payable in US \$.** No purchase orders or credit card orders. The *EASY Diagnostic System* is currently available as an email attachment that you can download to your hard drive for easy review, printing, and photocopying. Use an email address that can receive attachments!

**The *EASY Diagnostic System* is intended for use *only* by qualified mental health professionals.**

\* Workshop discount if ordered within one week of the workshop. Only applies to individuals attending the workshop.